

SNAP-Ed: 2025 IMPACT

Tennessee Nutrition and Consumer Education Program

TNCEP is Tennessee's SNAP-Ed program, led by University of Tennessee Extension. We provide free classes and outreach to teach all Tennesseans how to shop for and prepare healthy foods on a limited budget, making nourishing meals and physical activity attainable for everyone.

“ *These classes are an excellent opportunity for our participants to learn to prepare food safely, eat healthy, and follow a recipe.* ”

- Nutrition Educator

67%
of adults improved
**food resource
management skills**

“ *I'm eating a lot of fruit and vegetables now.* ”

- County Participant

12,647

Adults & Youth Reached
at **347** Community Sites



207,000+

People reached through social media, health fairs, and traditional media



Skills participants learn in these classes will benefit them throughout life. ”

- Nutrition Educator



41%

Increased **vegetable** consumption



44%

Increased **fruit** consumption



37%

Decreased **sugary beverage** intake



43%

Increased **physical activity**

This material was adapted from and funded by USDA's Supplemental Nutrition Assistance Program (SNAP) under an agreement with the State of Tennessee.

This institution is an equal opportunity provider.

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.

UT Extension provides equal opportunities in programs and employment.

FAMILY & CONSUMER SCIENCES
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